OMSA Council Meeting #6 February 20, 10AM - 3PM EST



Present via teleconference: Sharon Yeung (President), Ushma Purohit (President-Elect), Saara Punjani (VP Comms), Michael Scaffidi (VP Education), Zachary Barkhouse (VP Operations), Angie Soloman (Queen's), Jamal Tarrabain (Queen's), Kristina Yau (Ottawa), Sinthu Senthillmohan (UofT), Shauna Peng (Western), Chelsea Rehak (NOSM), Rylee Mose (NOSM), Devon Wilton (McMaster), Francis Lao (McMaster)

Guests: Dr. Samantha Hill (OMA), Dr. Adam Kassam (OMA)

Regrets: Courtney Leach (VP Student Affairs), Rae Woodhouse (VP Finance), Jessica Scott (VP Advocacy), Alexandra Finstad (Ottawa), Justin Lin (UofT), Angela Fan (Western),

Reimbursements: All members present will be reimbursed through OMA Honouraria for their time. Lunch expenses will be paid by the OMSA Discretionary Fund.

1. Welcome, Introductions, and Adoption of the Agenda

1.1. Motion to Start the Meeting

Mover: Saara Punjani

Seconder: Angie Soloman

1.2. Motion to Adopt the Agenda

■ Mover: Angie Soloman

Seconder: Sharon Yeung

1.3. Motion to Approve Last Meeting's Minutes

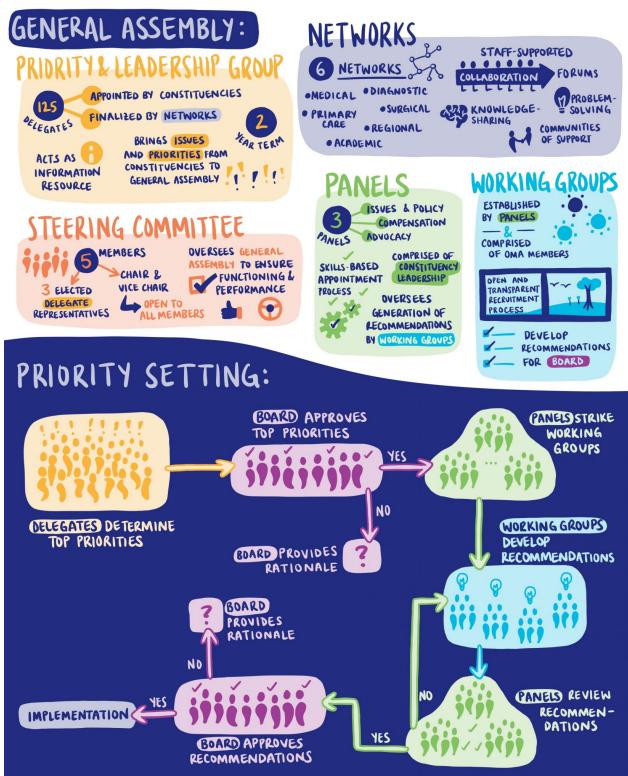
Mover: Saara Punjani

Seconder: Zach Barkhouse

2. Question Period

3. OMA Leadership - Dr. Samantha Hill, OMA President & Dr. Adam Kassam, OMA President-Elect

 Dr. Adam Kassam will soon be the president of OMA in a few months and leading the new changes to the OMA structure. As a reminder, the structure has switched from a representative model to a collaborative model, which has been of concern to some students and residents, but OMA assures that student voices will be heard. The old structure was inefficient and did not allow for the association to reach its potential. The new structure can be visualized here:



- More information can be found here: https://transform.oma.org/the-newgeneral-assembly/
- How will medical students ideally be engaged and encouraged to be involved in OMA's work?
 - Dr. Hill will try to work with Sharon and Ushma to try to create a running list of projects and opportunities for med students to be involved that students can then refer to
- OMA is working on a letter to go out to CaRMS and MCC to encourage them to acknowledge the fact that the application process and student opportunities have been very different this year for the class of 2021. There will also likely be a reminder of this in the President's Update closer to the CaRMS application time.

4. OMSA Executive Updates

- 4.1. Advocacy (Absent)
 - Please review the update <u>here</u>.

4.2. Education

- Please review the update <u>here</u>.
- How far back will CMAJ look to provide commentary on position papers?
 - Since the format has changed quite a bit in the past few years, we may only ask for commentary on papers from the past couple of years.
- 4.3. Student Affairs (Absent)
 - Please review the update <u>here</u>.

4.4. Communications

- Please review the update <u>here</u>.
- Saara (VP Communications) to reach out to CFMS VP Communications to find out when they usually send out their newsletter to try to coordinate as many VP Externals will wait for both letters before sharing with their respective student bodies.

4.5. Operations

- Please review the update here.
- 4.6. Finance (Absent)
 - Please review the update <u>here</u>.
- 4.7. President & President-Elect
 - Please review the update here.

5. Motions [11:10-11:30]

5.1. Motion to Amend the 2020-2021 Budget

- Summary of motion:
 - Extra funds pulled from Communications, Advocacy, Student Affairs and Grants were appropriate, as approved by the VP responsible for that portfolio, totalling \$31,400
 - Funds redistributed as follows: \$15,000 for summer studentship 2021 grants,
 \$10,000 for EDI initiatives over the next 5 years, \$6,400 for an external review of OMSA policies and practices
 - Education portfolio will be reallocating their Meeting Travel to Mental Health and Services
- Much of the reallocations are open-ended and will be up to the discretion of the corresponding year's Council to decide how to use the funds. We will consider adding the allocation of funds for EDI initiatives specifically to the OMSA by-laws to prevent later councils from scrapping this idea if they decide against EDI initiatives in their own year. We will also consider how this will move forward past the 5 years we are allocating these funds for.

Mover: Sharon Yeung

Seconder: Angie Soloman

6. School Updates

[11:30-12:30]

- 6.1. McMaster
 - Please review the update <u>here</u>.
- 6.2. NOSM
 - Please review the update <u>here</u>.
- 6.3. Ottawa
 - Please review the update <u>here</u>.
- 6.4. Queen's
 - Please review the update <u>here</u>.
- 6.5. Toronto
 - Please review the update <u>here</u>.
- 6.6. Western
 - Please review the update <u>here</u>.

Lunch [12:30-1:00]

7. Discussion Items [1:00-1:45]

7.1. OMSA Phone Zap Update - VP External Sr., UofT

■ Sinthu has been working on the Advocacy team on organizing a Phone Zap that medical students can be involved in where the idea is that we gather on Zoom and call politicians with a script to advocate for a certain advocacy topic. Options for the topic of interest include: paid sick leave, public health funding or both. Council voted on choosing paid sick leave as the topic.

7.2. The Med Student Perspective on 26 Hour Shifts - President-Elect

- Since medicine is self-regulated, it is the only field where 26-hour shifts are legal. Some residents have come out with a letter advocating to end mandatory 26 hour shifts for residents. You can find this letter here. You can also find an article about this movement here.
- For medical students, there are some benefits of longer shifts including continuity of care, greater learning opportunities, and practice for doing these shifts as a staff physician. However, these shifts also lead to burnout which ultimately leads to a decline in wellness.
- OMSA will continue to monitor the response to the residents' advocacy and will consider advocating for similar changes for medical students if the residents. This will be an ongoing conversation as we get more information.

7.3. OMSA Leadership Summit & AGM - President & President-Elect

The OMSA Leadership Summit will be held on May 15, and the AGM on May 16. The Leadership Summit is a conference-style event with the goal of helping students develop their leadership skills. The theme for this year is Leadership in a Time of Crisis. Executives of OMSA Council will be involved in leading breakout sessions. More information about current planning can be found here. Council can edit this document with any ideas.

7.4. COVID-19 Summer Studentships - President

- Please find details regarding the OMSA COVID-19 Summer Studentships that was discussed at the last meeting here.
- How can we ensure that the individual is continuing with the initiative if the grant is given up front?
 - Options include dividing up the grant into two sums, with the second half being given on the condition that the work has been consistent throughout the first half of the summer. Another option is to require deliverables at the end of the

summer period (e.g. having the project/initiative published in Scrub In) or require a reflection at the end to hold applicants accountable.

7.5. Conversations on Race [IN CAMERA] - President

Motion to go In Camera

Mover: Sharon Yeung

Seconder: Angie Soloman

Motion to go out of camera

Mover: Sharon Yeung

Seconder: Michael Scaffidi

8. Varia [1:45-2:00]

9. Next Meeting

9.1. March 28, 2021 10AM - 4PM EST

10. Meeting Closure [2:00-2:05]

10.1. Motion to end the meeting

Mover: Zach BarkhouseSeconder: Angie Soloman